



## **"Pokemon Go" players urged to be cautious and safe while playing**

*By Matthew Alvarez* | Posted: Thu 2:23 PM, Jul 14, 2016



Since "Pokemon Go's" United States release a little over a week ago there have been a steady stream of appearances in news headlines across the country. From robberies to a body being found, the game has caused a stir with many.

In the world of "Pokemon Go", "trainers" travel the world to catch varied monsters called Pokémon — rats, dragons, swordlike creatures, and more — and use these critters to fight each other. The trainer's goal is to "catch 'em all," as the franchise's slogan suggests, and become a Pokémon master by defeating prestigious trainers known as gym leaders and Elite Four.

Pokemon Go may be the hottest app on the market right now, though it may be causing more harm than good.

Dr. Sudip Bose, an emergency physician at Medical Center Hospital tells CBS 7 “It’s just lack of awareness when you’re looking down at your phone that may cause people to harm themselves. From walking into streets to being robbed, inattentiveness is what is leading to these.”

While he has not treated any patients personally, Dr.Bose says that people have come to the hospital with injuries sustained while playing the game.

“Basically whether you playing the game or texting always be aware of your surroundings to avoid injuries or anyone attempting to hurt you,” said Dr.Bose.

The Pokemon App has skyrocketed to the number 1 spot on nearly all app markets, and has been praised by some for the increased physical activity involved with the gameplay.

However many feel this is overshadowed by the increasing number of injuries involved with the inattentiveness of players.

<http://www.cbs7.com/content/news/Pokemon-Go-players-urged-to-be-cautious-and-safe-while-playing-386849501.html>